

Free registration for  
WCIA members!

Wednesday, September 8, 2021  
1200 – 1600 hours

## Emotional Survival for Law Enforcement

**Host Agency:**

The Bothell Police Department

**Sponsored by:**

Washington Cities Insurance Authority

**Dates & Times:**

Wednesday, September 8

1200 – 1600 hours

**Location:**

Canyon Hills Church

22027 17<sup>th</sup> AVE SE

Bothell, Wa. 98021

**Cost:** \$150.00

WCIA Members Free of Charge

**Registration:**

Please contact Heather Hixson

[Heather.hixson@bothellwa.gov](mailto:Heather.hixson@bothellwa.gov)

**Questions:**

Jeremy Wilson , Training Officer

Bothell Police Department

[Jeremy.wilson@bothellwa.gov](mailto:Jeremy.wilson@bothellwa.gov)



Dr. Kevin Gilmartin

**Course Overview:**

- Define the "Challenges" inherent in a criminal justice career.
- Define "Impact" of Challenges"
- Establish concepts of "Locus of Control"; Internal vs. External.
- Review the concept of "Vigilance"
- Establish "Over-Investment" and "Under-Investment" profiles
- Establish the differences between "Survivors" and "Victims"
- The impact of "Non-Survivorship" of Criminal Justice Integrity.
- "Burn-out": Causes and prevention strategies:
- And more.....

Dr. Gilmartin is a behavioral scientist specializing in law enforcement and public safety related issues. He is the author of the book **Emotional Survival for Law Enforcement: A Guide for Officers and Their Families**. He previously spent twenty years working in law enforcement in Tucson, Arizona. During his tenure he supervised the Hostage Negotiations Team and the Behavioral Sciences Unit. He is a former recipient of the International Association of Chiefs of Police-Parade Magazine, National Police Officer Citation Award for contributions during hostage negotiations. He presently maintains a consulting relationship with public safety and law enforcement agencies in the U.S, Canada and Australia.

The Department of Justice, FBI, Royal Canadian Mounted Police, New South Wales Police and International Association of Chiefs of Police have published his work. He holds a doctoral degree in Clinical Psychology from the University of Arizona. He is a veteran of the U.S. Marine Corps and resides in Tucson, Arizona and Bend, Oregon.

The goal of the course is to provide information that lets agencies keep officers committed and engaged in productive police work. The course also gives information to employees on how not to become a "selfperceived victim", a descriptor for an officer or employee that spends inordinate amounts of time resenting and resisting organizational and supervisory directive, as well as, suffering unnecessary destruction in the personal dimensions of their life.