



DEER HOLLOW

TRAUMA-FOCUSED MENTAL HEALTH AND WELLNESS TRAINING FOR FIRST RESPONDERS

Hosted by:
**The Mountlake Terrace
Police Department**

FEATURING:

"Understanding PTSD/PTSI and How it Affects Us All" – Matt Quackenbush, LCSW

P.O.C. - Sergeant Scott King
sking@ci.mlt.wa.us

"You Are Never Alone" – A Personal Story of Survival, Courage and Vulnerability – Officer Jared Nesary, Yakima PD (Ret.)

OUR AMAZING SPEAKERS



Jared Nesary

U.S. MARINE CORPS VETERAN
RETIRED LAW ENFORCEMENT
OFFICER



Matt Quackenbush

LCSW, DEER HOLLOW

REGISTRATION

COST: FREE

February 9, 2023, 800-1200



Location:

23250 58th Ave W.
Mountlake Terrace, WA, 98043

<https://www.eventbrite.com>

Deerhollowrecovery.com