



Protecting Those Who Serve During the Overdose Crisis



Occupational Safety and Health Training for Law Enforcement

What is SHIELD?

The SHIELD Training Initiative trains police officers how to be safe, healthy, and more effective when performing their duties during the overdose crisis. It is a vital resource at a time when police are being asked to do more with less, while facing high risks and reduced public support.

Built on two decades of experience working with law enforcement agencies and deep knowledge of the research base, the SHIELD curriculum is practice-driven and solutions-focused. **It fills major training gaps, giving officers the tools they need to be safer, healthier, and more effective in these crises.**

How SHIELD Helps

The SHIELD curriculum provides tools that make officers safer and healthier while also protecting themselves, their colleagues, their families, and their communities. Departments that implement SHIELD strategies will also see:

- Reduced officer stress and burnout
- Improved job satisfaction and retention
- Improved public safety
- Reduced overdose and addiction in the community
- Reduced risk of transmission of bloodborne diseases among officers and the community
- Improved police-community relations

Registration: <https://tinyurl.com/5ymj7zhk>

How SHIELD Works

SHIELD's skills-based learning is delivered peer-to-peer by the SHIELD training team, which is led by a retired police chief and includes research staff at Northeastern University and public health experts.

Unlike off-the-shelf trainings, the SHIELD team **customizes** the curriculum to your department's and officers' needs. By providing local information and resources, your officers will be able to immediately operationalize the SHIELD tools.

Using an interactive instructional design and customized local information, the three modules are delivered in a single 3-hour session in person or by Zoom. Provides 3 hours of CE credit.

Module 1: Resilience. Provides key facts about stress and burnout. Builds skills for recognizing and problem solving to remedy the effects of trauma, compassion fatigue, cumulative stress, and burnout.

Module 2: Officer Safety. Provides essential information about risk levels and operational safety techniques for needlestick injuries, infectious disease transmission, and field exposure to fentanyl.

Module 3: Public Safety. Provides strategies and best practices to reduce addiction and drug-related crime through linkages with treatment and supportive service providers. Using these tools will reduce officer stress and burnout, improve effectiveness and job satisfaction, and increase public safety.

For more information

Visit: www.shieldtraining.org

Email: info@shieldtraining.org

For local information

Email Becky Starnes: becky.starnes@cjtc.wa.gov

Call: (206) 793-2615